



## Where School Nurses Connect

## OCSNO Tri-Annual Newsletter

Orange County School Nurses Organization  
Summer 2019

### CHAIR MESSAGE–

**Riva Nist Apodaca, MSN, RN**

Dear OCSNO Members,

As school nurses finish their school year, this is a time for reflection on all that they have accomplished over the course of the year. Our recent conference was a great way to celebrate School Nurse Day and to honor some of the best examples of school nursing practice. It was a wonderful night to celebrate by enjoying a delicious meal, networking and hearing updates from experts in the field. Fran Sutton from CHOC provided trends in diabetes care. Doctors Allred and Han from Southern California College of Optometry spoke on vision issues. We also wish to thank all the districts who donated baskets for the opportunity drawings. OCSNO raised over \$700 for our scholarships that will be awarded at the fall conference. Check out our Facebook page for some great pictures of the event.

Take advantage of your professional organizations such as OCSNO, CSNO and NASN which provide resources, education, advocacy, collaboration and leadership. Don't forget to register for the OCSNO Fall Conference on August 7th in Anaheim. NASN has recently worked with congressional champions to craft the NURSE Act (Nurses for Under-Resourced Schools Everywhere Act), which was introduced in the Senate and House concurrently on School Nurse Day, May 8. The NURSE Act would give grants from the Department of Education to increase the number of registered school nurses in Title I schools where a school nurse does not already exist. We all know that children's health and learning are linked. School nurses work as child health and safety experts at the intersection of health and education. NASN is encouraging people to contact their legislators and lend their support. The NASN website provides examples of what to say and how to contact your representatives.



### FALL CONFERENCE AUGUST 7, 2019–

**Michelle DeHaven, RN, BSN, PHN**

Our Fall Conference is coming up on **August 7th** at the Anaheim Hills Golf Club from 7:30 am- 4:00 pm. Our theme is “See What’s Buzzing in School Nursing!”

Please mark your calendars and save the date!

You will not want to miss the exciting speakers that we have lined up:

- Lu Pham, LMFT from OC ACCEPT will speak on LGBTIQ 101 topics;
- Dr. Shulman, Division Chief of Rheumatology at CHOC will speak on Rheumatology issues in children;
- Christine Yun, NP from CHOC Oncology will speak on students re-entering school post cancer treatment;
- Dr. Murray, Medical Director Child Abuse and Protection Team will speak on child abuse
- Dr. Zahn, Medical Director at OCHCA will speak on hot topics in public health.

Our Fall Conference will be an excellent time to collaborate and connect with over 100 school nurses throughout Orange County. We will have vendors and raffle prizes. There will be a continental breakfast, luncheon and afternoon snack. A total of seven CEUs will be given for attendance.

The 2019 Fall Conference Registration form can be viewed with this newsletter. You can print out and send your check by July 25<sup>th</sup>. The fee for OCSNO members is \$90 for the conference including the seven CEUs with \$30 membership fee for next year or \$120 combined. Non-OCSNO members pay \$140 for the conference. Another option is to pay online by credit card at [www.ocsno.weebly.com](http://www.ocsno.weebly.com).

We hope to see you there!





## MEMBERSHIP-

Marci McLean , M. Ed, BSN, RN

Reminder to all our OCSNO members:  
Annual membership runs July 1 to June 30 every year. Included in the newsletter is your application for the 2019-2020 School Year. We encourage all our members to consider joining our professional organizations. In case you were not aware, NASN and CSNO separated their memberships. You can now choose to join one or both. Ever wonder what the difference is?

### **OCSNO - local organization,** [OCSNO Website](#)

- 2-3 conferences per year
  - \$30/school year (a **new** school nurse/school readiness nurse receives first year of membership free)
  - benefits include: scholarships, conference registration discounts, and CEUs
- [Click here to apply.](#)

### **CSNO -- State Professional Organization** [CSNO Website](#)

- 2 Section conferences per year (Orange County falls under Southern Section)
  - 1 State conference per year
  - \$120 (now-Sept) /\$155 (after Sept)
- Active Membership
- \$60 (now-Sept) /\$72 (after Sept)
- Student Membership • \$60 (now-Sept) /\$72 (after Sept)
- Retired Membership
- benefits include scholarships, conference registration, and CEU's

[Renew or join CSNO before June 30th 2019 and be entered for a chance to win a free annual conference registration](#)

[Click here to apply.](#)

### **NASN -- National Professional Organization** [NASN.org](#)

- 1 National conference per year
- \$105.00 Active Membership (annually)
- \$51.45 Student Membership (annually)
- \$57.75 Retired Membership (annually)
- benefits, including scholarships and conference

## UPCOMING AWARDS --

**Michelle Ollada Alipio, MSN, RN**

OCSNO will present two Halo Awards at the upcoming fall conference on August 7th.

- The School Administrator Halo Award, which is given to an educational administrator who has been an advocate for School Health Services in their district.
- The Community Halo Award recognizes those in the community who have provided outstanding support for school nurses and school children.

If you know of an outstanding administrator who has been supportive of school nurses in your district, be sure to nominate them. If you use the services of a community organization that has gone above and beyond for your students, don't hesitate to nominate them for the Halo Award. Please return to Pamela Kahn; pkahn@ocde.us or fax to 714-668-7937. These should be received by July 8<sup>th</sup> for consideration.

[Click here for Community Halo Award application.](#)

[Click here for School Administrator Award Application.](#)

OCSNO also offers the Sally Williams Scholarship for those Credentialed School Nurses who are working towards a Nurse Practitioner Certification or an Advanced Degree in health or education related fields. [Click here OCSNO Sally Williams Scholarship Application.](#)

In addition to the Sally Williams Scholarship, OCSNO is now offering the *OCSNO Credential Scholarship*. This is meant to benefit those nurses who are OCSNO members and are working on their School Nurse/Health Services Credential. Click here for the [OCSNO Credential Scholarship Application.](#)

Both scholarships consist of a cash award of \$500 to be used towards educational expenses. Scholarship recipients will be honored at the OCSNO Fall Conference on August 7th. Please return applications to Pamela Kahn; pkahn@ocde.us or fax to 714-668-7937. They should be received by July 31<sup>st</sup> for consideration. The form has an earlier deadline which is preferable however submission will be accepted until the new deadline for the scholarships only.





**AWARDS - SPRING CONFERENCE, MAY 8<sup>TH</sup>, 2019**  
**Michelle Ollada Alipio, MSN, RN**

At our Spring Conference on May 8th, we presented our awards for Nurses of the Year. This year the awardees were:

- Erin Lawrence- Coordinating School Nurse of the Year
  - Michelle Rymer- School Nurse of the Year
  - Cathi Hacker- School Readiness Nurse of the Year
- Congratulations to all our awardees!

We also honored our school nurse retirees:

- Marti Russell
- Lori Wheaton
- Laurel Mullally
- Teri Fischbeck
- Cindy Murillo
- Natalie Gerdes
- Susan Reynolds

We wish you joy in this new chapter of your lives and hope to hear about all your amazing adventures when we see you at our fall and spring conferences.



Erin Lawrence, a longtime nurse for our schools, currently serving the Los Alamitos Unified School District, has been named the Orange County Coordinating School Nurse of the Year. The Orange County School Nurses Organization honored Lawrence, who has been with the district for 20 years, for her work in advocating for children, helping families deal with serious health issues or serving as a role model for colleagues and students. Congratulations!



Congrats to GGUSD's Michelle Rymer who was honored with the Orange County School Nurse of the Year award at the Orange County School Nurses Organization Spring Conference. We are grateful to Michelle and all of our school nurses for caring for our staff and students. Michelle was selected for her outstanding example of a school nurse, special education expertise, professionalism, compassion and warm relationship with families and district staff.



Cathi Hacker received the School Readiness Nurse of the Year award. Cathi brings many years of school nursing experience to Westminster School District. Cathi is known for her enthusiasm, compassion and professionalism. She is a fierce advocate for her students and their families. Congratulations Cathi!





## OCSNO Board

### Susan Biegel, RN, BS

The 2019-2020 OCSNO Board has been finalized and will transition this month as we discussed at the recent School Nurse Day Spring Conference.

*Thank you to all the nurses who take time out of their busy schedules to support the practice of school nursing in Orange County. We appreciate the dedication you bring to your professional organization.*

### Elected Positions

**Chairperson:** Riva Nist Apodaca, GGUSD

**Vice- Chair Program:** Michelle De Haven, PYLUSD

**Vice-Chair Hospitality:** JoAnne Von Kostka, HBUHSD

**Parliamentarian/By-Laws:** Pam Atkins, TUSD

**Treasurer:** Stacy Seiler, Anaheim Elementary

**Secretary Recording:** Erin Lawrence, Los Alamitos USD

**Corresponding Secretary:** Merry Grasska, NMUSD

**Nominations Chairperson:** Susan Biegel, OVSD

**Board Member At Large:** Kathy Tedone, BPSD

**Board Member At Large:** Heidi Tucker, OVSD

**Board Member At Large:** Michele Mercado, GGUSD

**Board Member At Large:** Andrea Foster, SAUSD

The OCSNO Mentorship email is [OCSNOmentor@gmail.com](mailto:OCSNOmentor@gmail.com).

If you are a new school nurse who is looking for advice or guidance about issues that are general to school health, consider using this email address for help. An OCSNO nurse is available to answer questions or put you in touch with another nurse in your area for assistance.

## Appointed Positions

**Membership:** Marci McLean-Crawford, HBUHSD

**Conference Committee:** Marci McLean-Crawford, HBUHSD

**Education:** Pam Kahn, OCDE

**Special Education:** Cathy White, TUSD

**Public Relations/Vendors:** Natalie De Porto, BOUSD

**Awards:** Michelle Ollada Alipio, TUSD

**Legislation:** Bobbie Cox, WSD

**Mentorship:** Erin Lawrence, LAUSD

**Social Media:** Jean Chung, GGUSD

**Newsletter:** Katy Chang, GGUSD  
& Karen Nelson, OCDE

**OCDE Liaison:** Pamela Kahn, OCDE

**Private School Liaison:** Shannon Brown, Mater Dei

**School Readiness Liaison:** Cathi Hacker, WSD

**CSNO Liaison:** Marci McLean-Crawford, HBUHSD

You can view OCSNO's social media presence on Facebook. We appreciate your input. Our Instagram is now up and running at [ocsno\\_2019](https://www.instagram.com/ocsno_2019). Also check out our new website at [www.ocsno.weebly.com](http://www.ocsno.weebly.com).



# Orange County School Nurses Organization's 2019 Fall Conference!

**"It's more than just the birds and the bees!  
See what's buzzing in School Nursing!"**

**Wednesday August 7, 2019 at Anaheim Hills Golf Course**

**6501 Nohl Ranch Road Anaheim Hills, CA 92807**

**Conference: 8:00 a.m. – 4:00 p.m. (Check-in begins @ 7:30)**

*Continental breakfast, buffet lunch with dessert and an afternoon snack*

## **Presenters:**

**Lu Pham, LMFT from OC ACCEPT- LGBTIQ 101 Topics**

**Dr. Shulman, Division Chief of Rheumatology CHOC- Rheumatology Issues in Children**

**Christine Yun, NP CHOC Oncology- Students Re-entering School Post Cancer Treatment**

**Dr. Murray, Medical Director Child Abuse and Protection Team- Child Abuse Reporting**

**Dr. Zahn- Hot Topics in Public Health**

*The OCDE is approved by the California Board of Registered Nursing, Provider Number CEP 14988 for 7 contact hours of nursing continuing education units. OCSNO would like to thank the vendors for their support.*

*Visit [www.ocde.us/health/ocsno](http://www.ocde.us/health/ocsno) for conference presentations.*

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## **The 2019 OCSNO Fall Conference: Registration Form**

*Please complete and return this form with your check or Pay ONLINE at [www.ocsno.weebly.com](http://www.ocsno.weebly.com)*

*no later than July 25, 2019*

## **COST:**

\$120.00 – Membership Fee & Conference Fee

*\*Membership runs July 1, 2019- June 30, 2020*

\$90.00 – OCSNO Member Conference Fee

*\*Free OCSNO Membership for 1<sup>st</sup> year as a New School Nurses (SN) or School Readiness Nurses (SRN)*

\$140.00 – Non-OCSNO Member Conference Fee

Mail registration/checks to: *Marci McLean-Crawford*

*963 Goldenrod Dr. Costa Mesa, CA 92626*

Email questions to: [ocsnomembership@gmail.com](mailto:ocsnomembership@gmail.com)

**STATUS:**  1<sup>st</sup> Yr. as a SN/SRN  Active  Retired License #: \_\_\_\_\_ **Job Title:**  SN  SRN

Name: \_\_\_\_\_ \*District: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_ Home/Cell Phone: (\_\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_  Work  Home

**I DO NOT give permission to have my contact information shared with other OCSNO members via roster or secured website.**

I am aware that a small portion of my membership dues may be used to support non-profit organizations that support school children and/or the practice of school nursing.

OCSNO Use Only:

Date Rcv'd: \_\_\_\_\_ Ck # \_\_\_\_\_ Receipt Sent \_\_\_\_\_ Deposit Date \_\_\_\_\_